



MENU

Niskayuna
Van Antwerp
Middle School
Lunch Menu

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SEPTEMBER
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		Conference Day No School	Conference Day No School	
 7	French Toast Sticks Turkey Sausage Links Sweet Potato Bites NY Apple Juice Cup	Boneless Chicken Wing & Mozzarella Stick Basket Crinkle Cut Fries Marinara Sauce Cup Veggie Cup/Side Salad	Macaroni & Cheese w/Kielbasa Bites Garlic Breadstick Honey Ginger Green Beans Grape Tomatoes	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices
Chicken Nuggets Dinner Roll Ranch/Cheesy Mashed Potatoes Yellow Corn Honey/Maple Glazed Carrots	Soft Tacos (beef or turkey, cheese, lettuce) Salsa & Sour Cream Cilantro Lime Rice Veggie Pinto Beans	Cheeseburger Sweet Potato Wedges Rainbow Pepper Sticks Seasonal Fruit Salad	Cherry Blossom Chicken Fried Rice Broccoli & Cucumbers Fortune Cookie	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices
 21 Conference Day No School	Popcorn Chicken & Waffles Emoji Fries Cucumber Slices Pancake Syrup	Pasta & Meat Sauce Garlic Bread Corn on the Cob Grape Tomatoes Chocolate Chip Cookie	Cheese Lasagna Warm Garlic Breadstick Parmesan Peas Side Salad	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices
Crispy Chicken Tenders Tortellini Pasta Salad Yellow Corn Grape Tomatoes	Walking Tacos (Turkey) Tex Mex Black Beans Cheese & lettuce Salsa Cup & Sour Cream NY Grape Slushie	Mozzarella Pizza Crunchers Roasted Broccoli Rainbow Pepper Sticks Warm Cinnamon Apples		

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

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All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

