



MENU

Niskayuna
Elementary School
Lunch Menu

SEPT
SEPTEMBER

	1	 2	 3	4
		Conference Day No School	Conference Day No School	
 7	8	9	10	11
	French Toast Sticks Turkey Sausage Links Sweet Potato Bites NY Apple Juice Cup	Chicken Tenders & Mozzarella Stick Basket Marinara Sauce Cup Veggie Cup/Side Salad	Mini Perogies w/Kielbasa Bites Garlic Breadstick Green Beans Grape Tomatoes	Pizza Fresh Veggies Applesauce Cup
14	15	16	17	18
Pancakes Yogurt Hash Brown 100% Juice & Syrup	Soft Tacos (cheese, lettuce) Salsa & Sour Cream Cilantro Lime Rice Veggie Pinto Beans	Chicken Nuggets Dinner Roll Honey Glazed Carrots Mashed Potato	Cheeseburger Sweet Potato Wedges Rainbow Pepper Sticks Seasonal Fruit Salad	Pizza Fresh Veggies Applesauce Cup
 21	22	23	24	25
Conference Day No School	Meatball Sub Roasted Broccoli Cucumber Slices Chocolate Chip Cookies	Popcorn Chicken Garlic Knot Corn & Grape Tomatoes Apple Slices	Cheese Lasagna Warm Garlic Breadstick Steamed Peas Grape Tomatoes	Pizza Fresh Veggies Applesauce Cup
28	29	30		
Waffles Pork Sausage Emoji Fries Orange Juice Pancake Syrup	Loaded Nachos Tex Mex Black Beans Salsa Cup & Sour Cream NY Grape Slushie	Crispy Chicken Sandwich Pesto Tortellini Salad Yellow Corn Grape Tomatoes		

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

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All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

