



MENU

Niskayuna
Iroquois MS
Lunch Menu

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MAY
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School Lunch Hero Day



CINCO de MAYO

					Assorted Pizza Garden Side Salad Fresh Fruit
Bistro Cheeseburger 4 (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus	Walking Taco 5 (Turkey, cheese w/corn chips) Salsa Cup & Sour Cream Cowboy Caviar Mini Rice Crispy Treat	Brunch for Lunch 6 Sunrise Carrot Waffles Sausage Links or Hashbrown Patty 100% Juice Cup & Syrup	Macaroni & Cheese 7 with Buffalo Chicken Garlic Bread Steamed Broccoli Cucumbers & Grape Tomato		Assorted Pizza 8 Garden Side Salad Fresh Fruit
Crispy Chicken Tenders 11 with assorted dipping sauces Pesto Parmesan Rotini Seasoned Curly Fries Baby Carrots w/Hummus	Alaskan Pollock Po'boy Sandwich 12 Chipotle Mashed Potatoes Steamed Carrots & Peas Fresh Orange Wedges & NY String Cheese	Gen Tso Chicken 13 Fried Rice & Veg Egg Roll Stir Fry Vegetables or Steamed Broccoli Fortune Cookie	Pork Carnitas Tacos 14 Salsa, Sour Cream & Guacamole Veggie Pinto Beans Mexican Street Corn Mango Peach Applesauce Cup		Assorted Pizza 15 Garden Side Salad Fresh Fruit
Pulled Pork on a Kaiser 18 Sweet Potato Wedges Crunchy Coleslaw Fresh Veggie w/Hummus	BYO Burrito Bowl 19 w/Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Black Beans	<i>Harvest of the Month</i> Rotini with Meat Sauce 20 Warm Garlic Knot <i>NY Roasted Asparagus</i> Warm Cinnamon Pears 	Firecracker Chicken 21 Seasoned Waffle Fries Cornbread Fresh Veggie w/Hummus		Assorted Pizza 22 Garden Side Salad Fresh Fruit
 Memorial Day 25	Ultimate Nachos 26 Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar NYS Apple Juice	Crispy Chicken Wrap 27 (plain, ranch or buffalo) Baked Potato Chips & Broccoli Tomato & Cucumber Salad Chocolate Chip Cookie	Teriyaki Chicken 28 Street Noodles Steamed Broccoli Tangy Ginger Edamame Salad Cocoa Cherry Brownie Bar		Assorted Pizza 29 Garden Side Salad Fresh Fruit

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

