



MENU

Niskayuna
High School
Lunch Menu

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MARCH
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Rotini with Meat Sauce Garlic Breadstick Garlicky Green Beans Veggie w/Hummus	Pulled Pork on a Kaiser Chipotle Mashed Potatoes Broccoli Slaw Mini Rice Crispy Treat	Crispy Chicken Sandwich Baked Potato Chips Sweet Potato Wedges Cucumber Slices	Beef & Bean Chili Chocolate Swirl Roll NY String Cheese Yellow Corn Carrot & Celery Sticks	Assorted Pizza Garden Side Salad Fresh Fruit
Crispy Chicken Tenders with assorted dipping sauces Tortellini Pasta Salad Seasoned Curly Fries Fresh Veggie w/Hummus	Walking Taco (meat, cheese w/corn chips) Salsa Cup & Sour Cream Cowboy Caviar Mango Peach Applesauce	Maple Waffles Chicken Sausage Hashbrown Patty 100% Juice Cup & Syrup	Macaroni & Cheese Kielbasa Bites Garlic Bread & Broccoli Cucumbers & Grape Tomato	Assorted Pizza Garden Side Salad Fresh Fruit Pi Day
Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Baby Carrots w/Hummus	Hot Corned Beef Sandwich Green Beans Rainbow Pepper Slices Tropical Fruit Salad	Roasted Chicken Warm Biscuit & Veggie Sticks Maple Sriracha Baked Beans	Chicken Tinga Burrito Fiesta Rice & Corn Black Beans Salsa & Sour Cream	 Conference Day No School
Crispy Chicken Tenders with assorted dipping sauces Pesto Rotini Pasta Seasoned Curly Fries Fresh Veggie w/Hummus	Jamaican Beef Patty Cilantro Lime Rice Roasted Mixed Vegetables Cinnamon Churro	Toasted Ham & Cheese on Brioche Roll Choice of Soup Rainbow Pepper Sticks NY Apple Juice Cup	Cheese Lasagna Warm Garlic Knot Roasted Broccoli Cucumbers & Grape Tomato	Assorted Pizza Garden Side Salad Fresh Fruit
Crispy Chicken Sandwich Seasoned Waffle Fries Tomato & Cucumber Salad Fresh Veggie w/Hummus	Popcorn Chicken Bowl Mashed Potato & Gravy Corn & a Dinner Roll Chocolate Chip Cookie			

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

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