MENU

Niskayuna
Elementary School
Lunch Menu

MARCH

NY FOOD DAYS

2 **Pancakes** Yogurt Cup Hash Browns 100% Juice & Syrup	**3** HALF DAY TODAY!	**4** **Chicken Tenders** Mashed Potatoes Steamed Carrots Cinnamon Roasted Pears	**5** **Chicken Alfredo** Garlic Breadstick Roasted Broccoli	**6** **Pizza** Garden Salad Applesauce Cup
9 **Egg & Cheese Sandwich** Croissant Hash Browns 100% Juice	**10** **Ultimate Nachos** (taco meat & cheese) Salsa & Sour Cream Refried Beans Yellow Corn	**11** **Half Day** Adirondack Maple Syrup Fonds, NY **Harvest of the Month** March 18th	**12** **Toasted Ham & Cheese Croissant** Tomato Soup Cucumber Coins with Dip	**13** Pi Day **Pizza** Garden Salad Applesauce Cup
16 **Waffles** Pork Sausage Patties Sweet Potato 100% Juice & Syrup	**17** ***St. Patrick's Day*** **Cheeseburger** Potato Wedges Pickle Chips & Treat Assorted Veggies with Dip	**18** **Mini Corn Dogs** Corn on the Cob **Maple Baked Beans** **Maple Glazed Carrots** NY FOOD DAYS	**19** **Macaroni & Cheese** Dinner Roll Garlicy Green Beans Baby Carrots	**20** **Conference Day** No School
23 **French Toast Sticks** Turkey Sausage Links Baked Sweet Potato 100% Juice & Syrup	**24** **Soft Tacos** **(turkey meat, cheese, lettuce)** Salsa & Sour Cream Corn & Black Beans	**25** **Chicken Bites** **Waffles** Emoji Fries Assorted Veggies Juice Cup & Syrup Cup National Waffle Day	**26** **Rotini with Meat Sauce** Garlic Breadstick Steamed Broccoli Celery Sticks & Hummus	**27** **Pizza** Fresh Veggies Applesauce Cup
30 **Pancakes** Yogurt Cup Hash Brown 100% Juice & Syrup	**31** **Chicken & Cheese Quesadilla** Salsa & Sour Cream Black Beans Rainbow Peppers			

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

CAPITAL REGION BOCES

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

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