



MENU

Niskayuna
High School
Lunch Menu

FEBRUARY

2	Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Fresh Veggie w/Hummus	3	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	4	Crispy Chicken Sandwich Seasoned Waffle Fries Tomato, Cucumber Salad Cocoa Brownie Bar	5	Ham & Cheese on a Pretzel Bun Tomato Soup Tortellini Pasta Salad Broccoli & NY Apple Juice	6	Assorted Pizza Garden Side Salad Fresh Fruit
9	Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus	10	Popcorn Chicken & Mashed Potato Bowl Yellow Corn Warm Garlic Knot Rainbow Pepper Sticks	11	Brunch for Lunch French Toast Sticks Turkey Sausage Links Egg Bites Sweet Potato Hashbrowns 100% Juice Cur & Syrup	12	Macaroni & Cheese Bar w/Crispy BBQ Chicken Steamed Broccoli Fresh Grape Tomatoes Warm Cinnamon Apples	13	Assorted Pizza Garden Side Salad Fresh Fruit
16	<i>Winter Break</i>	17	<i>Winter Break</i>	18		19	<i>Winter Break</i>	20	<i>Winter Break</i>
23	Crispy Chicken Tenders with assorted dipping sauces Toasty Garlic Bread Seasoned Curly Fries Fresh Veggie w/Hummus	24	BYO Burrito Bowl w/ Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Black Beans	25	Philly Cheese Steak Onions & Peppers French Fries Roasted Broccoli Mini Rice Crispy Treat	26	Twin Chili Dogs BBQ Baked Beans Potato Chips Rainbow Pepper Sticks	27	Assorted Pizza Garden Side Salad Fresh Fruit
					February is National Sweet Potato Month & NY Harvest of the Month. Learn more about them HERE				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

