



MENU

Niskayuna
High School
Lunch Menu

////////////////////
FEBRUARY
////////////////////

2 Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Fresh Veggie w/Hummus	3 Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	4 Crispy Chicken Sandwich Seasoned Waffle Fries Tomato, Cucumber Salad Cocoa Brownie Bar	5 Ham & Cheese on a Pretzel Bun Tomato Soup Tortellini Pasta Salad Broccoli & NY Apple Juice	6 Assorted Pizza Garden Side Salad Fresh Fruit
9 Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus	10 Popcorn Chicken & Mashed Potato Bowl Yellow Corn Warm Garlic Knot Rainbow Pepper Sticks	11 Brunch for Lunch French Toast Sticks Turkey Sausage Links Egg Bites Sweet Potato Hashbrowns 100% Juice Cur. & Syrup 	12 Macaroni & Cheese Bar w/Crispy BBQ Chicken Steamed Broccoli Fresh Grape Tomatoes Warm Cinnamon Apples	13 Assorted Pizza Garden Side Salad Fresh Fruit
16 <i>Winter Break</i>	17 <i>Winter Break</i>	18 	19 <i>Winter Break</i>	20 <i>Winter Break</i>
23 Crispy Chicken Tenders with assorted dipping sauces Toasty Garlic Bread Seasoned Curly Fries Fresh Veggie w/Hummus	24 BYO Burrito Bowl w/ Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Black Beans	25 Philly Cheese Steak Onions & Peppers French Fries Roasted Broccoli Mini Rice Crispy Treat	26 Twin Chili Dogs BBQ Baked Beans Potato Chips Rainbow Pepper Sticks	27 Assorted Pizza Garden Side Salad Fresh Fruit
 <div>February is National Sweet Potato Month & NY Harvest of the Month. Learn more about them HERE</div>				

View Menus Online



linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



This institution is an equal opportunity employer.

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

This institution is an equal opportunity provider.

