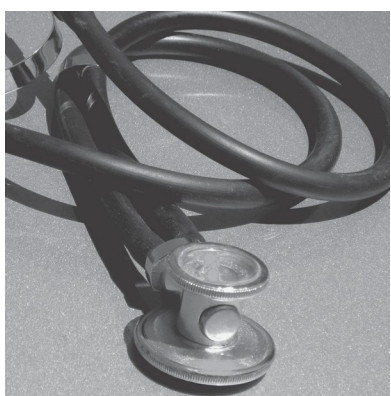




Custom Benefits Solutions



# Preferred Flex

I.R.S. SECTION 125 FLEXIBLE BENEFIT PLANS

Features: Health FSA & Dependent Day Care Accounts

PO Box 15136, Albany, NY 12212-5136 • 866-989-8995 • f 518-641-0325 • [www.MyTPGPlan.com](http://www.MyTPGPlan.com)  
\*Please visit our website Resources section for the Reimbursement Voucher and other standard forms.



## CHOOSE to Pay for Your Payroll Deducted Insurance Costs with **FLEX**!



## CHOOSE to Use **FLEX**ible Spending Reimbursement Accounts and **SAVE**!

Pay for your share of your employer-sponsored  
✓medical ✓dental ✓vision ✓hearing  
✓drug insurance policies with *pre-tax* dollars

- Easy to enroll
- No change to your current insurance coverage
- No calculating required
- Cost is payroll deducted pre-tax in the exact amount you contribute
- SAVE 30% to 40%
- Savings depends on your tax bracket

Pay for eligible ✓medical ✓dental ✓vision  
✓dependent day care with *pre-tax* dollars

- Two separate accounts from which to choose
- All three save up to 30% to 40% of your out-of-pocket costs (depending on your tax bracket)
- Covers expenses for you, your spouse, and any of your federal income tax dependents
- Enroll in Medical FSA and/or Dependent FSA accounts
- Select an annual target amount that you expect to spend on eligible expenses during your plan year for each account
- Payroll takes deductions from your paycheck pre-tax
- Submit claims for expenses during your plan year (Cannot incur claims in run-out period)
- **Same Day** reimbursement for eligible claims
- 90-day run-out period following the end of the plan year to submit vouchers for expenses that occurred *within* the plan year

### Cut Your Out-of-Pocket Costs!



Without **FLEX** you **PAY**  
**100%** of your  
out-of-pocket costs



With **FLEX** you **Save 30%**  
- **40%** of your  
out-of-pocket costs

**Q.** If I set aside part of my paycheck before taxes, will I make less money?

**A.** No. Your spendable should remain the same or show an increase for your Plan Year. Here is an example of a married individual earning \$35,000 and paying \$1,500 in out-of-pocket medical expenses and health insurance premiums.

### How Does **FLEX** Work?

	Using After-Tax Dollars	Using Pre-Tax Dollars
Income	\$ 35,000	\$ 35,000
Eligible Expenses	0	-1,500
Taxable Income	35,000	33,500
Estimated Taxes	-9,905	-9,458
Income After Taxes	25,095	24,042
Eligible Expenses	-1,500	0
Spendable Income	23,595	24,042
FLEX Plan Savings!		\$ 447

The \$447 shows this individual's 30% savings in paying for eligible services of \$1,500 with *pre-tax* dollars

### FLEX PLAN RULES

#### Medical FSA Account (Unreimbursed Medical)

- Pay for medical, dental, vision, and hearing co-pays and deductibles with *pre-tax* dollars
- Pay for out-of-pocket costs, including eligible expenses not covered by your insurance
- Immediate reimbursement up to your annual target amount
- Cosmetic procedures are not eligible for this account unless medically necessary
- No medical premiums are eligible for this account

#### Dependent Day Care Account

- Pay with *pre-tax* dollars, for day care services that allow you and your spouse to work or attend full-time school
- Expenses for children **12 and under**; disabled and elderly dependents are eligible at any age
- Dependents receiving services must spend at least 8 hours a day within your household
- Overnight camps and medical costs are not eligible for this account
- Pre-School tuition is eligible
- No Kindergarten tuition

#### Important Notes

- Sign up to be reimbursed using Direct Deposit during your enrollment period or in the online benefit portal
- Make sure we have your email address for plan notices (accept email from [benefits@thepreferreddgroup.com](mailto:benefits@thepreferreddgroup.com))
- Call our Benefit Services line at (866) 989-8995 for assistance

# Q & A

## **Q.** *What is a FLEXible Benefit Plan and how can it benefit me?*

**A.** FLEXible Benefit Plan allows you to pay for necessary eligible expenses with pre-tax dollars. When you set aside money before the government deducts taxes from your paycheck, you save up to 30%-40% (depending on your tax bracket) on expenses that you already have. These expenses can include medical and dependent day care costs. The plan is designed to allow you to participate in any, or all, of the benefits that your employer offers, to any degree. This means that you can tailor the Plan to suit your needs.

## **Q.** *Is there any limit on the amount of money that I can set aside in a FLEXible Spending Account?*

**A.** Yes. Your employer sets a maximum (and sometimes a minimum) amount that you can set aside in the Medical FSA Account. The maximum amount for the Dependent Day Care Account is set by the I.R.S. at \$7,500 (or \$3,750 if married and filing separate tax returns).

## **Q.** *Once I set aside money before taxes, how do I get it back?*

**A.** You are reimbursed for eligible expenses that occur within your Plan Year. In order to be reimbursed from any FLEXible Spending Account, you submit a signed and completed reimbursement voucher with third-party receipts to support your claim. You also have a 90-day Grace Period following the end of the Plan Year to submit vouchers for expenses that occurred within the Plan Year. Please see THE PREFERRED GROUP's Reimbursement Voucher for more details on each Account.

## **Q.** *What if I have to pay for expenses during the Plan Year, even though the services did not occur during the Plan Year?*

**A.** Reimbursement is made based on dates of service, not dates of payment. As a result, previous balances cannot be reimbursed.

## **Q.** *What if I submit an amount for reimbursement that exceeds my payroll deductions at the time my voucher is received?*

**A.** The Medical FSA Account allows you to be reimbursed up to the annual amount that you set aside at any time during the Plan Year, regardless of how much you have deposited in your Account. The Dependent Day Care is different than the Medical FSA Account. For this Account, you can only be reimbursed up to your deposits at the time that your voucher is received. The portion of your claim that is not reimbursed at the time that your voucher is received will be reimbursed as further payroll deductions are deposited in your Account.

## **Q.** *What if there is money left in my FLEXible Spending Account(s) at the end of the Plan Year?*

**A.** Any money left in your FLEXible Spending Account(s) at the end of the Plan Year is forfeited to your employer\*. The Preferred Group provides an online portal which allows 24/7 access to your spending account(s). You will receive information with each reimbursement check on the Account(s) from which you were reimbursed. In addition, The Preferred Group counselors are available by phone from 8 AM – 4:30 PM Monday through Friday to review your Account(s) and answer any questions you may have. The Preferred Group encourages all of its participants to be conservative in their elections.

## **Q.** *Which I.R.S. rules apply to the FLEXible Spending Reimbursement Accounts?*

**A.** The I.R.S. has established a few rules that participants in a FLEXible Spending Account need to be aware of: 1) Your employer will establish the Plan Year 2) To participate in one or more FLEXible Spending Accounts, you must enroll each year. The elections you make at the time you enroll cannot be changed until the following year, unless you experience an I.R.S. defined change in status:

- Legal marital status
- Number of dependents
- Employment status
- Residence
- Cost of coverage for some benefit options

The change in election must be consistent with the change in status. Funds in one FLEX Account cannot be transferred to another Account during the Plan Year. Each employer may have their own definitions. Please check your Summary Plan Description before submitting a change in status request.

## **Q.** *Will my retirement benefits be affected by a FLEX Plan?*

**A.** No. Most retirement systems' benefits, such as the NY State Employees' and Teachers' Retirement Systems are not affected by a FLEXible Benefit Plan and will continue to be based on your Gross Income. Check with your retirement plan to be sure.

## **Q.** *Will my Social Security be affected by a FLEX Plan?*

**A.** Yes. Because you do not pay Social Security taxes on the part of your income that you set aside, your Social Security benefits will be only slightly reduced. The reduction of benefits is minimal, and the advantages of the tax savings from a FLEXible Benefit Plan outweigh the reduced Social Security payments.

## **Q.** *Can I be reimbursed for an expense that is not covered by my insurance carrier?*

**A.** Yes. The Medical FSA Account can reimburse you for many eligible expenses that are not covered by your health insurance plan. In general, expenses that are medically necessary to treat or cure a specific condition are reimbursable. There are a few exceptions, so please be sure to verify the eligibility of known expenses prior to the start of your Plan Year.

## **Q.** *Do all states offer tax-free benefits under Flex?*

**A.** In all states, taxpayers receive waivers of Federal Income and FICA taxes on Flex Plan benefits. Similarly, all state income tax payers receive state tax waivers on Flex funds except for taxpayers in New Jersey and Pennsylvania, as follows: New Jersey income tax payers will have to pay state income taxes on the amounts sheltered in a Flex Plan. Pennsylvania income tax payers will not have to pay state income taxes on funds sheltered in a Flex Plan to pay for medical expenses – e.g. Employer Sponsored Medical Premiums and Medical FSA Account funds. However, there is no state tax waiver for Dependent Day Care funds.

\* Health FSAs may include the \$640 rollover or 2½ month Extension. See your FSA enrollment materials for more information.



# Your FLEXible Spending Account Worksheet

This worksheet will help you determine your annual out-of-pocket costs for each FLEX Account.

- **Remember to budget carefully** •
- **Be conservative** •

Medical FSA Account (Unreimbursed Medical)	
	Annual
Deductible(s)	\$ _____
Co-Pays	\$ _____
Co-Insurance	\$ _____
Prescriptions & OTC Rx Drugs	\$ _____
OTC Supplies (See our website for info)	\$ _____
Special Equipment	\$ _____
Physicals	\$ _____
Medical Travel Costs	\$ _____
Hearing Aids & Batteries	\$ _____
Medical, Dental & Vision Exams	\$ _____
Orthodontia	\$ _____
Monthly Treatments	\$ _____
Dentures	\$ _____
Bridgework	\$ _____
Partial Plates	\$ _____
Contacts & Supplies	\$ _____
Other _____	\$ _____
_____	\$ _____
<b>Total Medical, Dental &amp; Vision</b>	<b>\$ _____</b>

Dependent Day Care Account	
	Annual
Day Babysitters	\$ _____
Day Care Centers	\$ _____
Elder Care	\$ _____
Day Camp	\$ _____
Before & After School Programs	\$ _____
Nursery School	\$ _____
Other: _____	\$ _____
_____	\$ _____
<b>Total Dependent Care</b>	<b>\$ _____</b>

The Preferred Group Plans, Inc. Section 125 Plans are NYSUT Member benefits Trust (Member Benefits) endorsed programs. Member Benefits has an expense reimbursement/endorsement arrangement of \$.20 per participant per month. All such payments to Member Benefits are used solely to defray the costs of administering its various programs and, where appropriate, to enhance them. Member Benefits acts as your advocate; please contact Member Benefits at (800) 626-8101 if you experience a problem with any endorsed program.

\* While The Preferred Group makes every effort to ensure that the information contained herein is accurate, the IRS rules and notices and the actual plan operation will preside as the actual operation of this plan. Please make sure you are aware of all information in regard to plan operation, reimbursable expenses and your actual tax savings.

## Examples of Eligible Medical Expenses:

Acupuncture	Laboratory Fees
Alcoholism Treatment	Mammography
Ambulance Services	Mental Health Care
Artificial Limbs	Nursing (RN/LPN)
Braille Books	OB/GYN Examinations
Chiropractors	Orthodontia
Contact Lenses & Supplies	Orthopedic Shoes & Braces
Contraceptives	Over-the-counter drugs (FDA Approved with Rx)
Co-Pays	Over-the-counter Supplies (See our website for info)
Crowns, Bridges &	Physicals
Dentures	Physical Therapy
Crutches	Prescriptions
Deductibles	Psychiatric Services
Dental Cleanings	Seeing Eye Dog & Upkeep
Dermatologists	Sterilizations & Reversals
Eye Examinations	Substance Abuse
Eye Surgery incl. Lasik & Epi-Lasik eye correction	Treatment
Eyeglasses and Prescription Sunglasses	Surgical Expenses
Fillings	Telephone Equipment for the Deaf
Hearing Aids & Batteries	Transportation for Medical Purposes & Mileage Reimbursement
Home Health Care	Well-Child Care Visits
Home Improvements for Medical Purposes	Wheelchairs
Hospital Bills	X-Rays
Infertility Treatment	
Insulin & Syringes	

## Examples of Eligible Employment Related Dependent Day Care Expenses:

Babysitters (Daytime Only)  
 Before/After School Programs  
 Day Care Centers  
 Elder Care Centers  
 Nursery School  
 Summer Day Camps



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