



MENU

Niskayuna
Elementary
School Lunch
Menu

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Break		Harvest of the Month NY EGG January 14 th		1 Winter Break
Pancakes Yogurt Cup Hash Browns 100% Juice & Syrup	5 Ultimate Nachos (taco meat & cheese) Salsa & Sour Cream Refried Beans	6 Chicken Nuggets Waffle Fries Rainbow Pepper Sticks	7 Meatball Sub Baked Sweet Potato Bites Green Beans	2 9 Pizza Fresh Veggies Applesauce Cup
Waffles Pork Sausage Patties Hash Browns 100% Juice & Syrup	12 Rotini with Meat Sauce Garlic Breadstick Steamed Broccoli Cucumbers & Tomatoes	13 Egg & Cheese Bagel Yogurt & Granola Home Fries & Baby Carrots Winter Berry Fruit Salad Apple Juice 	14 Toasted Ham & Cheese Croissant Tomato Soup Cucumbers with Ranch	15 16 Pizza Fresh Veggies Applesauce Cup
 Martin Luther King Jr. Day	19 Cheesy Breadsticks with Marinara Sauce Roasted Broccoli Fresh Veggie w/Hummus	20 Chicken Tenders Warm Garlic Knot Cheesy Mashed Potatoes Baby Carrots & Dip	21 Tortellini Alfredo with Chicken Garlic Bread Seasoned Green Beans Rice Krispie Treat	22 23 Pizza Fresh Veggies Applesauce Cup
French Toast Sticks Turkey Sausage Links Sweet Potato Wedges 100% Juice & Syrup	26 Soft Tacos (Diced chicken, cheese, lettuce) Salsa & Sour Cream Corn & Bean Cowboy Caviar	27 Cheeseburger French Fries Rainbow Pepper Sticks Cinnamon Roasted Pears	28 Macaroni & Cheese Popcorn Chicken Garlicy Green Beans Baby Carrots	29 30 Pizza Fresh Veggies Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

This institution is an equal opportunity employer.
MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

