





MENU

Niskayuna
Elementary
School Lunch
Menu

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JANUARY
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Break		Harvest of the Month NY EGG January 14 th	 1	Winter Break 2
Pancakes Yogurt Cup Hash Browns 100% Juice & Syrup 5	Ultimate Nachos (taco meat & cheese) Salsa & Sour Cream Refried Beans 6	Chicken Nuggets Waffle Fries Rainbow Pepper Sticks 7	Meatball Sub Baked Sweet Potato Bites Green Beans 8	Pizza Fresh Veggies Applesauce Cup 9
Waffles Pork Sausage Patties Hash Browns 100% Juice & Syrup 12	Rotini with Meat Sauce Garlic Breadstick Steamed Broccoli Cucumbers & Tomatoes 13	Egg & Cheese Bagel Yogurt & Granola Home Fries & Baby Carrots Winter Berry Fruit Salad Apple Juice Harvest of the Month 14	Toasted Ham & Cheese Croissant Tomato Soup Cucumbers with Ranch 15	Pizza Fresh Veggies Applesauce Cup 16
 Martin Luther King Jr. Day 19	Cheesy Breadsticks with Marinara Sauce Roasted Broccoli Fresh Veggie w/Hummus 20	Chicken Tenders Warm Garlic Knot Cheesy Mashed Potatoes Baby Carrots & Dip 21	Tortellini Alfredo with Chicken Garlic Bread Seasoned Green Beans Rice Krispie Treat 22	Pizza Fresh Veggies Applesauce Cup 23
French Toast Sticks Turkey Sausage Links Sweet Potato Wedges 100% Juice & Syrup 26	Soft Tacos (Diced chicken, cheese, lettuce) Salsa & Sour Cream Corn & Bean Cowboy Caviar 27	Cheeseburger French Fries Rainbow Pepper Sticks Cinnamon Roasted Pears 28	Macaroni & Cheese Popcorn Chicken Garlicy Green Beans Baby Carrots 29	Pizza Fresh Veggies Applesauce Cup 30

View Menus Online



linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

This institution is an equal opportunity employer.

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION



CAPITAL REGION
BOCES

