



MENU

Niskayuna
High School
Lunch Menu

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Break	Winter Break	Winter Break	2026 HAPPY NEW YEAR 1	Winter Break 2
Rotini with Meat Sauce Garlic Breadstick Roasted Broccoli Warm Cinnamon Apples 5	Baked Potato Bar (pulled chicken, queso & bacon) Garlic Knot Seasoned Green Beans Salsa & Sour Cream 6	Beef Gyro French Fries Greek Vegetable Salad Fresh Assorted Veggies 7	Popcorn Chicken Bowl Mashed Potato Buttered Corn Gravy & a Dinner Roll Mango Peach Applesauce 8	Assorted Pizza Garden Side Salad Fresh Fruit 9
Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus 12	Cheesy Empanada Chipotle Aioli Crispy Tater Tots Roasted Mixed Vegetables Cinnamon Churro 13	Chicken & Waffles Hash Brown NY Apple Juice Yogurt & Syrup 14	Macaroni & Cheese Bar W/ Kielbasa Bites Garlic Bread & Broccoli Rainbow Pepper Sticks 15	Assorted Pizza Garden Side Salad Fresh Fruit 16
 Martin Luther King Jr. Day 19	Crispy Chicken Tenders with assorted dipping sauces Pesto Parmesan Rotini Seasoned Green Beans Baby Carrots 20	Burrito Bowl Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn 21	Beef & Bean Chili Cheddar & Sour Cream Cornbread Muffin Green Beans 22	Assorted Pizza Garden Side Salad Fresh Fruit 23
Crispy Chicken Sandwich Seasoned Waffle Fries Tomato & Cucumber Salad Baby Carrots w/ Hummus 26	Tortellini Alfredo w/ Halal Meatballs (Chix & Beef) Roasted Broccoli Grape Tomatoes Chocolate Chip Cookie 27	Chicken Tinga Burrito Spanish Rice Salsa & Sour Cream Guacamole, Jalapenos, Cheddar Rainbow Pepper Sticks Mango Peach Applesauce 28	BBQ Pork Bowl Pineapple Corn Rice Veggie Pinto Beans Cucumber Slices Fruit Salad 29	Assorted Pizza Garden Side Salad Fresh Fruit 30

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

