



MENU

Niskayuna Van Antwerp Middle School Lunch Menu

DECEMBER

Corndog Nuggets Baked Chips Fresh Broccoli & Ranch Chocolate Chip Cookie	1	Pizza Bites Garlic Bread White Bean Salad Veggie Cup	2	Chicken & Waffles Home Fries Orange Juice Syrup Cup	3	Chicken Nuggets Baked Lays Chips Broccoli Chocolate Chip Cookie National 🍪 Cookie Day	4	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices	5
Chicken Wings & Mozzarella Sticks Carrots & Celery Fresh Fruit	8	Soft Tacos (beef or turkey, cheese, lettuce) Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn	9	Macaroni & Cheese Garlic knot Warm Cinnamon Apples	10	Crispy Chicken Patty Sweet Potato Fries Fresh Grape Tomatoes Rainbow Pepper Sticks	11	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices	12
Pizza Crunchers Roasted Broccoli Yogurt Cup Fresh Veggie w/Hummus	15	French Toast Sticks Turkey Sausage Links or Cheesy Egg Bite Roasted Sweet Potatoes NYS Apple Juice & Syrup	16	Popcorn Chicken Bites Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	17	Potato & Cheddar Pierogies Kielbasa Bites Peas & Carrots Fresh Grape Tomatoes	18	Pizza 🍕 Garden Salad Applesauce Cup Fresh Fruit Choices	19
Ham & Cheese on a Pretzel Bun Sliced Cucumbers Mango Peach Applesauce	22	French Bread Pizza French Fries Baby Carrots Fresh Fruit	23	<i>Winter Break</i>	24	<i>Winter Break</i>	25	<i>Winter Break</i>	26
<i>Winter Break</i>	29		30		31				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

