



MENU

Niskayuna High School Lunch Menu

DECEMBER

**Popcorn Chicken
& Mashed Potato Bowl**
Yellow Corn
Dinner Roll
Baby Carrots w/Hummus

1

Beef & Bean Chili
Cornbread Muffin
NY String Cheese
Green Beans
Tajin Fruit Salad

2

Chicken Tinga Burrito
Spanish Rice
Salsa & Sour Cream
Guacamole, Olives, Jalapenos
Mango Peach Applesauce

3

Macaroni & Cheese Bar
w/Crispy BBQ Chicken
Breadstick & Broccoli
Fresh Grape Tomatoes
Chocolate Chip Cookie

4

Assorted Pizza
Garden Side Salad
Fresh Fruit

5

Rotini with Meat Sauce
Garlic Texas Toast
Seasoned Green Beans
Warm Cinnamon Pears

8

Pulled Pork on a Kaiser
Kettle Potato Chips
Yellow Corn
Fresh Veggie w/Hummus

9

**Crispy Chicken
Sandwich**
w/spec sauce & pickles
Seasoned Waffle Fries

10

Philly Cheese Steak
Onions & Peppers
Baked Chips
Fresh Grape Tomatoes

11

Assorted Pizza
Garden Side Salad
Fresh Fruit

12

Bistro Cheeseburger
(plain, cheese or bacon)
NY Breaded Onion Rings
Fresh Veggie w/Dip
Mini Rice Crispy Treat

15

Ultimate Nachos
Salsa & Sour Cream
Guacamole, Olives, Jalapenos
Black Beans & Corn
Mango Peach Applesauce

16

**Crispy Chicken
Drumettes**
Cilantro Lime Rice
Roasted Vegetable Medley
Black Beans

17

**Crispy Chicken
Tenders**
with assorted dipping sauces
Tortellini Pasta Salad
Fresh Grape Tomatoes

18

Assorted Pizza
Garden Side Salad
Fresh Fruit

19

Twin Hot Dogs
BBQ Beans
Baked Chips
Baby Carrots

22

Assorted Pizza
Garden Side Salad
Fresh Fruit

23

Winter Break

24

Winter Break

25

Winter Break

26

Winter Break



View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

