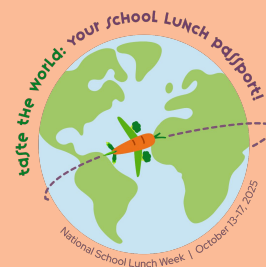







MENU



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OCTOBER
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Niskayuna Elementary School Lunch Menu

<p>October 13th-17th is National School Lunch Week Join us in Eating Global Flavors!</p>		<p>1 Chicken Tenders & Mozzarella Sticks Marinara Sauce Fresh Veggie with Dip</p>	<p>2 </p>	<p>3 Pizza Assorted Veggie Choices Applesauce Cup</p>
<p>6 Pancakes Yogurt & Cheese Stick Hash Browns 100% Juice & Syrup</p>	<p>7 Ham & Cheese Croissant Goldfish Crackers Steamed Green Beans</p>	<p>8 Crispy Chicken Sandwich Baked Potato Chips Steamed Corn Fresh Veggie w/Hummus</p>	<p>9 Macaroni & Cheese Corn Muffin Glazed Carrots Cinnamon Pears</p>	<p>10 Pizza Spinach Salad Applesauce Cup</p>
<p>13 Columbus/Indigenous Peoples Day No School</p>	<p>14 Chicken Quesadilla Salsa & Sour Cream Cowboy Caviar (Bean/Corn) Rainbow Pepper Sticks</p>	<p>15 Potato & Cheddar Pierogies Kielbasa Bites Steamed Carrots Fresh Grape Tomatoes</p>	<p>16 Ramen Noodles & Chicken Steamed Broccoli Local Apples Mini Rice Crispy Treat</p>	<p>17 Pizza Assorted Veggie Choices Applesauce Cup</p>
<p>20 Waffles Pork Sausage Patties Sweet Potato Fries 100% Juice & Syrup</p>	<p>21 Chicken Nuggets Warm Garlic Knot Mashed Potatoes Fresh Veggie with Dip</p>	<p>22 Cheeseburger Emoji French Fries Steamed Carrots Choc Chip Cookie</p>	<p>23 Tortellini Alfredo with Chicken Garlic Texas Toast Roasted Broccoli</p>	<p>24  Half Day (No Lunch)</p>
<p>27 French Toast Sticks Turkey Sausage Links Sweet Potato Tots 100% Juice & Syrup</p>	<p>28 Ultimate Nachos Salsa & Sour Cream Refried Bean Dip Steamed Corn Rainbow Pepper Sticks</p>	<p>29  Half Day (No Lunch)</p>	<p>30 Pizza Garden Salad Applesauce Cup</p>	<p>31 HAPPY HALLOWEEN Mummy Dogs Tomato Soup Fresh Veggies & Sweet Treat</p>

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

