



MENU

SEPT
EMBER

Niskayuna Van Antwerp School Lunch Menu

 Labor Day 1	 Conference Day No School 2	 Conference Day No School 3	Chicken Nuggets Warm Garlic Knot Mashed Potatoes Fresh Veggie with Hummus 4	Pizza Garden Salad Applesauce Cup Fresh Fruit Choices 5
French Toast Sticks Turkey Sausage Links Sweet Potato Tots 100% Juice & Syrup 8	Ultimate Nachos Salsa & Sour Cream Refried Bean Dip Yellow Corn Rainbow Pepper Sticks 9	Popcorn Chicken & Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggies w/dip 10	Macaroni & Cheese Corn Muffin Roasted Broccoli Warm Cinnamon Apples 11	Pizza Garden Salad Applesauce Cup Fresh Fruit Choices 12
Ham & Cheese Croissant Tomato Soup Goldfish Crackers Steamed Green Beans 15	Rotini with Meat Sauce Garlic Breadstick Fresh Veggies & Hummus Watermelon Wedge 16	Corndog Nuggets Pasta Salad Corn Baked Beans 17	Cherry Blossom Chicken Fried Rice & Dumplings Steamed Broccoli Fortune Cookie 18	Pizza Garden Salad Applesauce Cup Fresh Fruit Choices 19
Chicken & Waffles Sweet Potato Fries 100% Juice & Syrup 22	 Rosh Hashanah 23	Chicken Nuggets Dinner Roll Smiley French Fries Fresh Veggie with Hummus 24	Tortellini Alfredo with Chicken Garlic Texas Toast Peas & Carrots Fresh Grape Tomatoes 25	Pizza Garden Salad Applesauce Cup Fresh Fruit Choices 26
Cheeseburger French Fries Rainbow Pepper Sticks Choc Chip Cookie 29	Soft Tacos (cheese & lettuce) Tortilla Chips w/bean dip Yellow Corn 30			

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

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All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

