



MENU

Niskayuna Elementary School Lunch Menu

SEPTMBER



1



2

Conference Day No School



3

Conference Day No School

Chicken Nuggets

Warm Garlic Knot
Mashed Potatoes
Fresh Veggie with Hummus

4

Pizza

Fresh Veggies w/Dip
Applesauce Cup
Fresh Fruit Choices

5

French Toast Sticks

Turkey Sausage Links
Sweet Potato Tots
100% Juice & Syrup

8

Ultimate Nachos

Salsa & Sour Cream
Refried Bean Dip
Yellow Corn
Rainbow Pepper Sticks

9

Chicken Tenders Mozzarella Sticks

Marinara Sauce
Crinkle Cut French Fries
Fresh Veggies w/dip

10

Ham & Cheese Croissant

Tomato Soup
Goldfish Crackers
Steamed Green Beans

11

Pizza

Garden Salad
Applesauce Cup
Fresh Fruit Choices

12

Pancakes

Yogurt
Hash Browns
100% Juice & Syrup

15

Soft Tacos

Salsa & Sour Cream
Black Beans
Yellow Corn

16

Hot Dog on a Bun

Pasta Salad
Corn
Grape Tomatoes

17

Macaroni & Cheese

Corn Muffin
Roasted Broccoli
Warm Cinnamon Apples
Brownie Bar

18

Pizza

Fresh Veggies w/Dip
Applesauce Cup
Fresh Fruit Choices

19

Waffles

Pork Sausage Patties
Sweet Potato Fries
100% Juice & Syrup

22



23

Chicken Nuggets

Dinner Roll
Smiley French Fries
Fresh Veggie with Hummus

24

Bosco Sticks

Marinara Sauce
Glazed Carrots
Fresh Grape Tomatoes

25

Pizza

Garden Salad
Applesauce Cup
Fresh Fruit Choices

26

French Toast Sticks

Turkey Sausage Links
Sweet Potato Tots
100% Juice & Syrup

29

Cheeseburger

French Fries
Lima Beans
Choc Chip Cookie

30

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

