




# MENU

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JUNE  
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## Niskayuna Middle School Lunch Menu

|                                                                                                 |    |                                                                                                           |    |                                                                                              |    |                                                                                                                 |    |                                                                                      |    |
|-------------------------------------------------------------------------------------------------|----|-----------------------------------------------------------------------------------------------------------|----|----------------------------------------------------------------------------------------------|----|-----------------------------------------------------------------------------------------------------------------|----|--------------------------------------------------------------------------------------|----|
| <b>Cheesy Breadsticks with Marinara Sauce</b><br>Seasoned Green Beans<br>Fresh Veggie Cup       | 2  | <b>Soft Tacos</b><br>(turkey, cheese, lettuce)<br>Salsa & Sour Cream<br>Tortilla Chips<br>Mixed Vegetable | 3  | <b>French Toast Sticks</b><br>Turkey Sausage Links<br>Home Fries<br>Orange Juice & Syrup Cup | 4  | <b>Chicken Sandwich</b><br>Potato Chips<br>Mixed Vegetable                                                      | 5  | <b>Cheese Pizza</b><br>Garden Salad                                                  | 6  |
| <b>Chicken Nuggets</b><br>Dinner Roll<br>Fries<br>Yellow Corn<br>Mini Rice Crispy Treat         | 9  | <b>Corn Dog</b><br>Baked Potato Chips<br>Crunchy Coleslaw<br>Watermelon Wedge                             | 10 | <b>Waffles</b><br>Sausage<br>Orange Juice<br>Fresh Fruit                                     | 11 | <b>Chefs Choice</b>                                                                                             | 12 | <b>Cheese Pizza</b><br>Garden Salad                                                  | 13 |
| <b>Pizza Crunchers</b><br>Steamed Broccoli<br>Fresh Veggie Cup & Ranch<br>Birthday Cake Grahams | 16 | <b>Chefs Choice</b>                                                                                       | 17 | <b>Crispy Chicken Sandwich</b><br>Fries<br><b>Fresh Strawberries</b><br>Cucumber Slices      | 18 |  <b>Harvest of the Month</b> | 19 |   | 20 |
| <b>Chefs Choice</b>                                                                             | 23 | <b>Chefs Choice</b>                                                                                       | 24 | <b>Chefs Choice</b><br>Fill in for me...                                                     | 25 |                            | 26 |  | 27 |
|              |    |                        |    |          |    |                                                                                                                 |    |                                                                                      |    |

View Menus Online



linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

**All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.**



CAPITAL REGION  
**BOCES**

