



MENU

Niskayuna Middle School Lunch Menu

SCHOOL LUNCH HERO DAY

MAY



Walking Taco
Salsa & Sour Cream
Black Beans & Corn
Fresh Fruit & Churros

Crispy Chicken Sandwich
Sweet Potato Fries
Spinach Salad
Grape Tomatoes

Pancakes
Turkey Sausage Links
Home Fries
Orange Juice & Syrup Cup

8th Grade Menu Winner
Macaroni & Cheese
Buffalo Chicken
French Fries
Watermelon

Cheese Pizza
Garden Salad
Fresh Strawberries
Applesauce Cup

Chicken Nuggets
Tater Tots
Fresh Veggies
Assorted Dipping Sauces

French Bread Pizza
Roasted Broccoli
Mini Rice Krispy Treat

8th Grade Menu Winner
Bacon Cheeseburger
Waffle Fries
Pickles
Apple Slices

Tortellini Alfredo with Chicken
Garlic Texas Toast
Peas & Carrots

Cheese Pizza
Garden Salad
Fresh Strawberries
Applesauce Cup

Cheesy Breadsticks with Marinara Sauce
Breaded Broccoli Bites
Fresh Veggie Cup

BBQ Chicken & Cheese Quesaritos
Salsa & Sour Cream
Yellow Corn

Harvest of the Month
Rotini w/Meat Sauce
Garlic Breadstick
NY Roasted Asparagus
Fresh Veggie Cup

Orange Chicken
Fried Rice
Egg Roll
Steamed Green Peas

Cheese Pizza
Garden Salad
Fresh Strawberries
Applesauce Cup



Chicken Wings
Sunrise Waffle
Emoji French Fries
100% Juice Cup
Syrup Cup

Toasted Ham & Cheese
Goldfish
String Cheese
Cucumber Slices & Hummus

Chef's Choice
Steamed Broccoli
Baby Carrots

Cheese Pizza
Garden Salad
Fresh Strawberries
Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

