



MENU

Niskayuna High School Lunch Menu

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MAY
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**SCHOOL LUNCH
HERO DAY**

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|---|---|--|---|---|
|  Cinco de Mayo Walking Taco (meat/bean, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Cinnamon Churro | Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Tortellini Pasta Salad Fresh Veggie w/Hummus |  Chicken & Waffles Crispy Chicken Drumstick Sunrise Waffles Home Fries 100% Juice Cup & Syrup | Baked Potato Bar (pulled chicken, queso & bacon) Garlic Knot Steamed Broccoli Salsa & Sour Cream | SCHOOL LUNCH HERO DAY Assorted Pizza Slice Garden Side Salad |
| Crispy Chicken Tenders with assorted dipping sauces French Fries & Pepper Sticks Chocolate Chip Cookie | Grande Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar Mango Peach Applesauce Cup | Ham & Cheese on a Pretzel Roll Seasoned Potato Wedges Fresh Veggies w/Hummus Fresh Orange Wedges | Macaroni & Cheese Bar with Buffalo Chicken Steamed Broccoli Fresh Grape Tomatoes | Assorted Pizza Slice Garden Side Salad |
| Crispy Chicken Sandwich Seasoned Waffle Fries Tomato, Cucumber Salad Cocoa Brownie Bar | Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar Strawberry Applesauce Cup | Harvest of the Month Rotini with Meat Sauce Warm Garlic Knot NY Roasted Asparagus Warm Cinnamon Pears | BBQ Pulled Pork Sandwich Cole Slaw Sweet Potato Wedges Buttered Corn | Popcorn Chicken Bowl with mashed potato, cheese & gravy Dinner Roll & Yellow Corn Fresh Veggie w/Hummus |
|  MEMORIAL DAY Crispy Chicken Wrap (plain, ranch or buffalo) Baked Potato Chips Creamy Coleslaw Fresh Grape Tomatoes | Teriyaki Chicken Street Noodles Steamed Broccoli Tangy Ginger Edamame Salad | Macaroni & Cheese Buffalo Chicken Roasted Broccoli Fresh Grape Tomatoes | Assorted Pizza Slice Garden Side Salad | Assorted Pizza Slice Garden Side Salad |

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



CAPITAL REGION
BOCES

