



MENU

Niskayuna Elementary School Lunch Menu



**SCHOOL
LUNCH
HERO**

MAY

**SCHOOL LUNCH
HERO DAY**

			Macaroni & Cheese 1 Steamed Broccoli Baby Carrots & Hummus Emoji Grahams	SCHOOL LUNCH HERO DAY 2 Pizza Veggie w/dip Applesauce Cup
French Toast Sticks 5 Sausage Home Fries 100% Juice & Syrup Cup	Turkey Tacos 6 Salsa & Sour Cream Black Beans & Corn Fresh Fruit	Crispy Chicken Sandwich 7 French Fries Glazed Carrots Grape Tomatoes	Pasta Alfredo with Chicken 8 Garlic Texas Toast Steamed Peas Cocoa Brownie Bar	Pizza 9 Spinach Salad Apple Slices
Pancakes 12 Yogurt Sweet Potato Fries 100% Juice & Syrup	Ultimate Nachos 13 Salsa & Sour Cream Yellow Corn Black Beans Red Pepper Sticks	Chicken Tenders 14 Dinner Roll Mashed Potatoes Roasted Broccoli Fresh Veggie w/Hummus	Toasted Ham & Cheese Croissant 15 Cucumber Slices & Hummus Scooby Doo Grahams	Pizza 16 Veggie w/dip Applesauce Cup
Waffles 19 Cheese Stick Potato Wedges 100% Juice & Syrup	Chicken & Cheese Quesadilla 20 Salsa & Sour Cream Refried Beans Yellow Corn	Harvest of the Month Rotini w/Meat Sauce 21 Garlic Breadstick NY Roasted Asparagus NY FOOD DAYS Grape Tomatoes	Hot Dogs 22 Confetti Pasta Salad Cucumbers Warm Cinnamon Pears Mini Rice Crispy Treat	Pizza 23 Veggies w/dip Fresh Fruit Choices
No School 26 Memorial Day 	French Toast Sticks 27 Sausage Home Fries 100% Juice & Syrup Cup	Chicken Nuggets 28 Emoji Fries Garlic Knots Glazed Carrots	Cheeseburger 29 Baked Chips Rainbow Pepper Sticks Fresh Fruit Choices	Pizza 30 Spinach Salad Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



**CAPITAL REGION
BOCES**

