








MENU

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APRIL
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Niskayuna Middle School Lunch Menu

	Crispy Chicken Sandwich Yogurt Cup & Granola Pasta Salad Yellow Corn	1	French Toast Sticks Sausage Home Fries Orange Juice & Syrup Cup	2	Macaroni & Cheese Corn Muffin Steamed Broccoli Glazed Carrots Warm Cinnamon Apples	3	Cheese Pizza Garden Salad Fresh Strawberries Applesauce Cup	4	
Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Baby Carrots	7	Ultimate Nachos (taco meat, cheese, corn chips) Salsa & Sour Cream Black Bean & Corn Salsa Rainbow Pepper Sticks	8	Cheesy Breadsticks with Marinara Sauce Broccoli Fresh Veggie Cup Mini Rice Crispy Treat	9	Chicken Nuggets Mashed Potatoes Maple Glazed Carrots Garlic Bread	10	Cheese Pizza Garden Salad Strawberries	11
	14		15	 Harvest of the Month	16		17		18
Pizza Crunchers Steamed Broccoli Fresh Veggie Cup & Ranch Scooby Doo Grahams	21	Buffalo Chicken Dip Tortilla Chips Celery Sticks & Ranch Applesauce	22	Sabrett NY Beef Hot Dog on a Bun Baked Potato Chips Fresh Fruit Fresh Veggie w/Hummus	23	Cheeseburger French Fries Rainbow Pepper Sticks Choc Chip Cookie	24	Cheese Pizza Garden Salad Mango Peach Applesauce Cup	25
Chicken Tenders Sunrise Waffle Emoji French Fries Steamed Peas & Carrots	28	Tortellini Alfredo with Chicken Warm Garlic Knot Steamed Peas & Carrots Grape Tomatoes	29	Toasted Ham & Cheese on Pretzel Bun Tomato Soup Goldfish Cracker Cucumber	30				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



CAPITAL REGION
BOCES

