

# MENU

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**DECEMBER**  
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## Niskayuna Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>French Toast Sticks</b> <b>2</b> Sausage Sweet Potato Tots 100% Juice & Syrup	<b>Soft Tacos</b> <b>3</b> (Taco Meat, Cheese) Salsa & Sour Cream Black Beans Yellow Corn	<b>Crispy Chicken Patty</b> <b>4</b> Breaded Broccoli Bites Fresh Veggie w/dip <b>Choc Chip Cookie</b>	<b>Tortellini Alfredo with Chicken</b> <b>5</b> Garlic Texas Toast Peas Fresh Grape Tomatoes	<b>Cheese Pizza</b> <b>6</b> Fresh Veggie W/dip Applesauce Cup
<b>Pancakes</b> <b>9</b> Yogurt Hash Browns 100% Juice / Syrup	<b>Cheeseburger</b> <b>10</b> Baked Chips Baked Beans Baby Carrots Cocoa Brownie Bar	<b>Chicken Nuggets</b> <b>11</b> <b>Mozzarella Sticks</b> Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	<b>Macaroni &amp; Cheese</b> <b>12</b> Corn Muffin <b>Crunchy Kale Salad</b> Warm Cinnamon Apples 	<b>Cheese Pizza</b> <b>13</b> Fresh Veggie W/dip Applesauce Cup
<b>Waffles</b> <b>16</b> Cheese Stick Sweet Potato Fries 100% Juice/Syrup Cup	<b>Rotini with Meat Sauce (beef)</b> <b>17</b> Dinner Roll Seasoned Green Beans Vanilla Emoji Grahams	<b>Chicken Tenders</b> <b>18</b> Garlic Knot Emoji French Fries Fresh Veggie with Hummus	<b>Potato &amp; Cheddar Pierogies</b> <b>19</b> Kielbasa Bites Glazed Carrots	<b>Cheese Pizza</b> <b>20</b> Fresh Veggie W/dip Applesauce Cup
 <b>23</b>	 <b>24</b>	 <b>25</b>	 <b>26</b>	 <b>27</b>
 <b>30</b>	 <b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



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