March is *National Nutrition Month*For more information on a healthy
lifestyle through food click <u>HERE</u>

MARCH 2024

Niskayuna Elem Lunch Menu

Alternative Entrees Available Daily Check Website for Link to Choices

Tuesday **Thursday** Monday Wednesday Friday Fresh Pizza Garden Salad Fruit Choice Milk Choice Pasta w/Marinara (Beef) 5 Cheeseburger on a Bun 7 8 Waffles Chicken Tenders Canadian Bacon Garlic Breadstick French Fries Goldfish Crackers ½ Day, No Lunch Hashbrowns Steamed Broccoli Mashed Potatoes Glazed Carrots Fruit Choice & Syrup Cup Fruit Choice & Veggies Fruit Choice Fruit Choice Milk Choice Milk Choice Milk Choice Milk Choice French Toast Sticks 11 Ultimate Nacho Chicken Nuggets Grilled Chicken Alfredo 4 15 Fresh Pizza (taco meat, cheese, black beans) Sausage Links & Home Fries Warm Garlic Knot Garlic Breadstick Fresh Veggies Rainbow Pepper Sticks 100% Orange Juice French Fries & Broccoli Steamed Glazed Carrots Fruit Choice Fruit Choice & Salsa Fruit Choice & Syrup Cup Milk Choice Fruit Choice & Veggies Fruit Choice & Mini Cookies Milk Choice Milk Choice Milk Choice Milk Choice 18 Crispy Chicken Sandwicto Ham & Cheese Croissant 21 22 Meatball Sub Fresh Pizza w/Mozzarella Cheese Goldfish Crackers Sweet Potato Fries Garden Salad Fruit Choice Supt. Conference Day Green Beans Corn Tomato Soup & Fruit Choice Milk Choice No School Fruit Choice Fruit Choice Fresh Veggie Cup w/Hummus Milk Choice Milk Choice Milk Choice Potato & Cheddar Pieroges Chef's Choice 25 28 **Pancakes** Soft Tacos No School 29 w/ Kielbasa Bites Assorted Veggies (Taco Meat, Cheese, Lettuce) Winter Recess Cheese Stick Corn and Black Beans Warm Cinnamon Pears Fruit Choice Hashbrowns Salsa Cup & Sour Cream Steamed Broccoli Milk Choice Fruit Choice & Milk Choice



In collaboration with



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