

JANUARY 2024

Niskayuna Middle Schools Menu

Alternative Entrees Available Daily
Check Website for Link to Choices

Monday	Tuesday	Wednesday	Thursday	Friday
No School New Years' Day 1	Chicken Nuggets 2 Garlic Texas Toast Smiley French Fries Fruit Choice & Veggies Milk Choice	Chicken Wings 3 WG Dinner Roll Carrots and Celery Fruit Choice Milk Choice	Cheeseburger on a Bun 4 Baked Potato Chips Green Beans Fresh Strawberries Mini Cookies & Milk Choice	Cheese Pizza 5 Steamed Mixed Vegetables Fruit Choice Milk Choice
Meatball Sub 8 w/Mozzarella Cheese Caesar Salad Fruit Choice Milk Choice	Chicken & Waffles 9 Hashbrown Potatoes 100% Grape Juice Fruit Choice & Syrup Cup Milk Choice	Chicken Tenders 10 Garlic Know Sweet Potato Fries Fruit Choice Milk Choice	Macaroni & Cheese 11 Yogurt Cup & Granola Fresh Veggie Cup w/Hummus Fruit Choice Milk Choice	Cheese Pizza 12 Steamed Mixed Vegetables Fruit Choice Milk Choice
No School MLK Jr Day 15	New Item! Cheeseburger 16 Empanada  French Fries Rainbow Pepper Sticks & Dip Fruit Choice & Milk Choice	Grilled Chicken Alfredo 17 Garlic Breadstick Steamed Sweet Peas Fruit Choice Milk Choice	Potato & Cheddar 18 Pierogies with Kielbasa Bites Steamed Broccoli Warm Cinnamon Apples Sour Cream & Milk Choice	Cheese Pizza 19 Steamed Mixed Vegetables White Cheddar Popcorn Fruit Choice Milk Choice
French Toast Sticks 22 Sausage Links & Home Fries 100% Orange Juice Fruit Choice & Syrup Cup Milk Choice	Chicken Nuggets 23 Mashed Potatoes Fresh Veggie Cup w/Hummus Fruit Choice Milk Choice	Bosco Sticks 24 Marinara Sauce Roasted Carrots Fruit Choice Milk	Orange Chicken 25 w/Mini Eggroll Fried Rice & Broccoli Fruit Choice Milk Choice	Cheese Pizza 26 Steamed Mixed Vegetables Fruit Choice Milk Choice
Crispy Chicken Sandwich 29 Sweet Potato Fries Corn on the Cob Fruit Choice Milk Choice	Wild Mike's Bites (5ea) 30 with Marinara Sauce Cup Steamed Broccoli Fruit Choice Mini Cookies & Milk Choice	Mozzarella Sticks 31 Marinara Sauce Fresh Veggie Cup w/Hummus Fruit Choice Milk Choice		



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Options Available Daily (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider

