

WE ARE AN ALLERGY PREPARED SCHOOL

EpiPens (Epinephrine) are available in this building. If you or someone around you is experiencing a severe allergic reaction, alert the nearest teacher or staff member.

RECOGNIZE THE SYMPTOMS OF A SEVERE FOOD ALLERGY REACTION

Serious allergic reactions may include any or all of these symptoms:

- General: dizziness, loss of consciousness, feeling of panic or doom
- Mouth: swelling of lips, face, tongue, throat, a report that the mouth “feels hot”
- Breathing: wheezing, difficulty breathing, congested cough, tightness in throat
- Stomach: discomfort, nausea, vomiting, abdominal cramps, diarrhea
- Skin: hives, swelling, rash