

MAY 2021

Niskayuna High School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Ham & Cheese on Pretzel Roll Buffalo Chicken Wrap Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>3</p>	<p>Turkey & Cheese Sub Crispy Chicken Wrap Greek Salad Variety of Fruit/Vegetable NYS Milk</p> <p>4</p>	<p>Turkey Club Ham & Cheese on Kaiser Buffalo Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>5</p>	<p>Chicken Caesar Wrap Turkey & Cheese Sub Crispy Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>6</p>	<p>Turkey Bacon Wrap Ham & Cheese on Pretzel Roll Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>7</p> <p>School Lunch Hero Day</p>
<p>Ham & Cheese on Pretzel Roll Buffalo Chicken Wrap Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>10</p>	<p>Turkey & Cheese Sub Crispy Chicken Wrap Greek Salad Variety of Fruit/Vegetable NYS Milk</p> <p>11</p>	<p>Turkey Club Ham & Cheese on Kaiser Buffalo Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>12</p>	<p>Chicken Caesar Wrap Turkey & Cheese Sub Crispy Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>13</p>	<p>Turkey Bacon Wrap Ham & Cheese on Pretzel Roll Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>14</p>
<p>Ham & Cheese on Pretzel Roll Buffalo Chicken Wrap Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>17</p>	<p>Turkey & Cheese Sub Crispy Chicken Wrap Greek Salad Variety of Fruit/Vegetable NYS Milk</p> <p>18</p>	<p>Turkey Club Ham & Cheese on Kaiser Buffalo Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>19</p>	<p>Chicken Caesar Wrap Turkey & Cheese Sub Crispy Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>20</p>	<p>Turkey Bacon Wrap Ham & Cheese on Pretzel Roll Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>21</p>
<p>Ham & Cheese on Pretzel Roll Buffalo Chicken Wrap Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>24</p>	<p>Turkey & Cheese Sub Crispy Chicken Wrap Greek Salad Variety of Fruit/Vegetable NYS Milk</p> <p>25</p>	<p>Turkey Club Ham & Cheese on Kaiser Buffalo Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>26</p>	<p>Chicken Caesar Wrap Turkey & Cheese Sub Crispy Chicken Salad Variety of Fruit/Vegetable NYS Milk</p> <p>27</p>	<p>Turkey Bacon Wrap Ham & Cheese on Pretzel Roll Chef Salad Variety of Fruit/Vegetable NYS Milk</p> <p>28</p>
<p>No School Memorial Day</p> <p>31</p>				

*Gluten Free Option Available

Disclaimer: The information and claims provided in this menu reflects the current information on file with Niskayuna Food Service provided by its food supplier. While our gluten free menu options do not contain gluten as an ingredient, they may be processed on a line or in a facility which also processes products containing gluten. For a list of the GF products used, visit the Niskayuna Food Service Page.

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Breakfast Options & Daily Alternate Lunch Offerings

Alternate Lunch Options:

Pizza, Loaded Veggie Salad*, Hummus with Pita Chips & Veggies*
All salads served with a whole grain dinner roll

Breakfast Choices:

Bagel w/ Cream Cheese, Cereal & Graham Crackers
100% Fruit Juice or Fruit of the Day
Choice of Milk



Niskayuna Food Service Department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

May Menu Highlights:

5/7: School Lunch Hero Day! Make sure to thank your food service staff for ALL that they do!

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