LUNCH

SEPTEMBER 2018

Niskayuna High School



	Monday	Tuesday	Wednesday	Thursday	Friday
	Labor Day No School	Tacos Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Macaroni & Cheese Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Chicken Tender Basket Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Grilled Cheese & Tomato Soup Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day
X	Rosh Hashanah Holiday No School	Quesadilla Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Teriyaki Chicken Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Baked Potato Bar Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Grilled Cheese & Tomato Soup Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day
F	BBQ Chicken Sandwich Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Chicken & Cheese Enchiladas Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Yom Kippur No School 19	Orange Chicken & Rice Bow 20 Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Grilled Cheese & 21 Tomato Soup Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day
	Turkey BLT Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Taco Salad with Tortilla Chips Assorted Grab & Go Salads and Sandwiches Soup of the Day	Cheese Ravioli Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Chicken Tenders Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day	Grilled Cheese & 28 Tomato Soup Pizza Assorted Grab & Go Salads and Sandwiches Soup of the Day
	Meal Prices Student Lunch Price: \$3.50 Adult Lunch Price \$4.25 Milk: \$.50 Reduced Lunch \$.25 Breakfast \$1.65	Also Offered Daily! Tossed Salad, Carrot Sticks, Yogurt, Bagel w/ Cream Cheese, Sandwich of the Day, String Cheese, Hummus w/ Vegetables & Chips, Carrot Sticks Beverages: Milk – 1% low fat milk, skim milk, 1% chocolate milk, almond milk, soy milk; bottled water; sparkling juice		School Breakfast Daily Choices One entrée: Breakfast Sandwich, Bagel w/ Cream Cheese, Yogurt w/ Graham Crackers Cereal & Graham Crackers, or Muffin W/Graham Crackers Two fruits: 100% Orange Juice, Apple Juice, Assorted Canned Fruit, Fresh Fruit Milk: 1% Milk, Fat Free Chocolate Milk Fat Free Milk	

Menu is subject to change without notice ~ A fruit or vegetable must be taken by a student for a meal to be reimbursable otherwise ala carte pricing will be charged.

Student Lunch Price: \$3.50 ~ Milk: \$.50 ~ Adult Lunch Price: \$4.25 Visit our website at: www.niskyschools.org

